

**Consumer/
Family
Sciences**



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In our changing society, young adults are making more decisions about their lives than ever before. The Family Consumer Sciences Department is designed to provide students with information that will help them make decisions to gain a healthy, productive lifestyle. The discipline of Family and Consumer Sciences deals with the concept of human development, interpersonal relationships, values, management, and hands-on experiences that contribute to the improvement of personal, home, and community life. In all the courses, health and safety is the top priority. While following all safety precautions, students develop their skills, then use what they learn hands-on. They are taught effective communication skills that are important for life. The program offerings will satisfy the need of the student who wants to acquire skills in food selections, preparation and service, and build positive relationships with friends, family and children. Courses have direct application for the student interested in a professional or para-professional career in childcare, psychology, education, culinary arts, food science technology, public health nutrition, family counseling, occupational therapy, and social work.